

# How Important is Communication in Your Marriage?



## COUPLE COMMUNICATION I

### Gain Skills and Tools that Improve Every Aspect of Your Life

— with your partner, your family and friends, and with people at work and elsewhere.

"It was the best  
investment in our  
marriage we've  
ever made"

*Paul and Diane  
Minneapolis, MN*

## COUPLE COMMUNICATION I

COUPLE COMMUNICATION I is an easy-to-learn, positive, award-winning educational program that teaches you and your partner practical communication skills to produce, protect, and sustain a vital partnership.

### In This Program, You

- Develop confidence that you can communicate together effectively
- Create faster, better resolutions to conflict
- Increase satisfaction in your relationship
- Expand understanding of yourself and your partner
- Reduce disagreements and tension
- Experience greater caring and esteem for self and partner

### Location:

Compass Christian Counseling at North Point Church, 900 N. Lewis Ave., Winthrop Harbor, IL 60096

### Dates:

Friday, February 23, 2007, 7:00 - 9:00 pm and Saturday, February 24, 2007, 9:00 am - 4:00 pm

### Cost:

\$150.00 per couple, includes  
2 Talking and Listening Together Workbooks  
2 Skills Mats (one for talking, the other for listening)  
2 Sets of 4 Pocket Cards to prompt skill use  
Friday Night Snack and Saturday Coffee Breaks and Lunch

### Facilitators:

Beverly T. Mayhak, Ph.D. and Kelsie Newbrough, M.A., Trained and Certified Instructors

### To Register:

Call 847-746-5524 and leave name and phone number in any mail box.

On-line registration: [drbevm@compasschristiancounseling.com](mailto:drbevm@compasschristiancounseling.com) or [www.compasschristiancounseling.com](http://www.compasschristiancounseling.com)